

Health Advisory Committee – November 20, 2019

Meeting Minutes

Introductions

Focus Areas for 2019-20

- Social-Emotional Health

Scott Storey, D.O.G.S program

Scott presented on the D.O.G.S. program that is being introduced at various levels, including Maltby, Spencer, and Hawkins. The acronym stands for Determination, Optimism, Generosity and Solidarity. This model is based off the CASEL model and works with staff to help increase social emotional skills within all students through home, school, and community. Scott acknowledged it is difficult to find time to teach these skills and is looking at how we can put them into content areas.

At Maltby, they are working on putting a reward system in place. Hawkins has HUDDLES. Scott noted that activities at all the schools are fragmented and he is working hard to put them under one umbrella to eliminate behavior issues at the Tier 1 level, and also embed practices into what is already happening. He mentioned Second Step and Lion's Quest as SEL curriculums he has worked with previously.

Anxiety Presentation @ Maltby

Held on 11/13 with a therapist from Thriving Minds, had about 50 parents in attendance

National Honor Society Mental Health Committee – Grace Carney

Grace was not in attendance, but committee initiatives were shared: website for students to receive encouragement from other teens, reading list, peer to peer training for mental health, Egg Buddies, feelings project in cafeteria

Angst Movie

Kris Nelson has been researching this movie as a possibility for our staff and parents. BHS PTO is willing to donate \$500 for an educational speaker, and we may ask for this. Kris will continue to research pricing, dates, etc.

- Suicide Prevention

More Than Sad AFSP Presentation

Presentation was 11/19 in BCPA, about 32 parents in attendance. Those that were there thought it valuable

Yellow Ribbon Update

Yellow Ribbon was held in October, and students did an excellent job with the program. Overall, kudos to Kris Nelson and the entire staff for creating an environment in which students are comfortable seeking help for themselves or a friend.

New Business:

Handle With Care Initiative

Kris Nelson attended workshop regarding this new program. Law enforcement will work with local schools to alert key personnel when a student experiences a domestic violence or other traumatic

event. In such a situation, school will be informed with student name and "Handle with Care". No details will be provided but school staff will know student has experienced recent trauma.

Drugs 101: March 10, 2020

Parent presentation at BHS, all are welcome, presented by St. Joseph Mercy Hospital. A teen's bedroom is created and parents are shown all the hiding spaces as well as provided information on the latest drug trends.

Review School Board Policies: 5330.2, 8462, 5512, 2410, 2414, 2418

Alicia Reid reviewed the changes to board policy that affected the Health Advisory committee, including those regarding abortion, opioids, sex education, tobacco/vaping, and student abuse and neglect. There was some discussion regarding providing community resources that may include places that may perform abortions. Dr. Mary Khunger emphasized to refer a teen to his/her physician for any health issues. Becky Goyt asked about BHS parents being notified regarding the health curriculum, and this needs to be researched. It seems to be happening at all other levels, however.

SB600 – info and handouts

Discussion on Senate Bill 600, which would eliminate health, among other classes as a high school requirement. The committee agreed that this would be extremely detrimental to students and will continue to keep abreast of proceedings. Current support in legislature is 50/50.