

BAS Health Advisory Meeting
May 5, 2016
BECC Board Room
Minutes: 7:00 – 8:30 pm

In Attendance: Lindsey Jonesku (teacher), Loretta Job (clergy), Beth Minert (BOE), Pam Sica (Parent), Esther Morell (teacher), Kris Nelson (at-risk counselor), Wendy Plave (co-chair, District Nurse), Mary Khunger (parent/health care provider), Jean Chesney (parent), Courtney Tobbe (parent), Barb Williams (at-risk counselor), Randy Swain (parent/health care provider), Scott Brenner (principal), Kathy Malone (parent/co-chair), Laura Surrey (Assistant Superintendent)

I. SHIFT Grant Updates: Barb Williams and Kris Nelson updated the group on SHIFT grant. MI is one of 19 states and 1 of 14 districts in MI who participate in SHIFT (PD for staff members to ensure safe and healthy environments for all students and for LGBT students in particular. The district received \$5,000 in year one, and \$3,000 this year for the PD. The District Leadership Team will be meeting at the end of May. There is also the possibility of 6 hours of free staff PD for buildings next year.

II. Reaching Higher Updates: Laura Surrey reported that the district now has 5 new Reaching Higher Coaches (L. Surrey, C. Deaven, C. Darkowski, K. Hubert, and W. O'Keefe). The district chose to have our instructional coaches and some admin trained to help manage the cost of Reaching Higher and to expand the program to all buildings (including K-4). Laura reported that the training was excellent and the team was already working with R. H. to design groups/sessions for next year.

III. Other: Shared Concerns from the community and across the district: Healthcare providers are seeing a rise in students cutting themselves (8th graders and up).

Continued concerns about student anxiety and impact of social media

Pam Sica mentioned that her PTO (Ann Arbor Schools) purchased "Second Steps" – a social emotional curriculum for her K-5 building. Esther Morell mentioned that the district should look into "mindfulness" curriculum/classes.

III. Futures Protocol: Laura Surrey led the group in a Futures Protocol planning session. They envisioned what impact a highly functioning Health Advisory Committee would have on the BAS community in 5 years. The group determined that the outcome would be a student body that knew what resources were available (mentors, information, healthy activities). Parents would know where to go and who to talk with when they were in crisis. Health teachers (K-12) would have a robust curriculum to support healthy lifestyles and decision making. The group will now look at benchmarking these goals over the next 2 to 3 years to ensure that they happen.

