

Reproductive Health

Unit 6

7th Grade

- A main focus: abstinence and decision making
- Physical Changes at Puberty for Male and Female
- Hormones
- Female Reproductive Organs, Functions, and How it Works
- Menstrual Cycle
- Male Reproductive Organs, functions, and How it Works
- Intercourse
- Pregnancy and Childbirth Stages
- Movie: Nine Month Journey (15 min.)
- Sexually Transmitted Diseases
 - Chlamydia
 - Gonorrhea
 - Syphilis
 - Herpes
 - Genital Warts
 - Hepatitis B
 - HIV/AIDS
- Movie: Understanding HIV and AIDS (18 min.)
- An Action Plan for Staying Within the Limits for Safe Healthy Behavior
- Assertive Communication and Refusal Skills
- Situations Where the Potential for Trouble and Risk Behaviors Exist
- My Action Plan- decision making
- Avoiding and Escaping Dangerous Situations